

Hot Cars

December 2020

✘ Never leave your child alone in the car, not even for a minute.

Why? The car can heat up really quickly and your child can become sick (distressed and overheat).

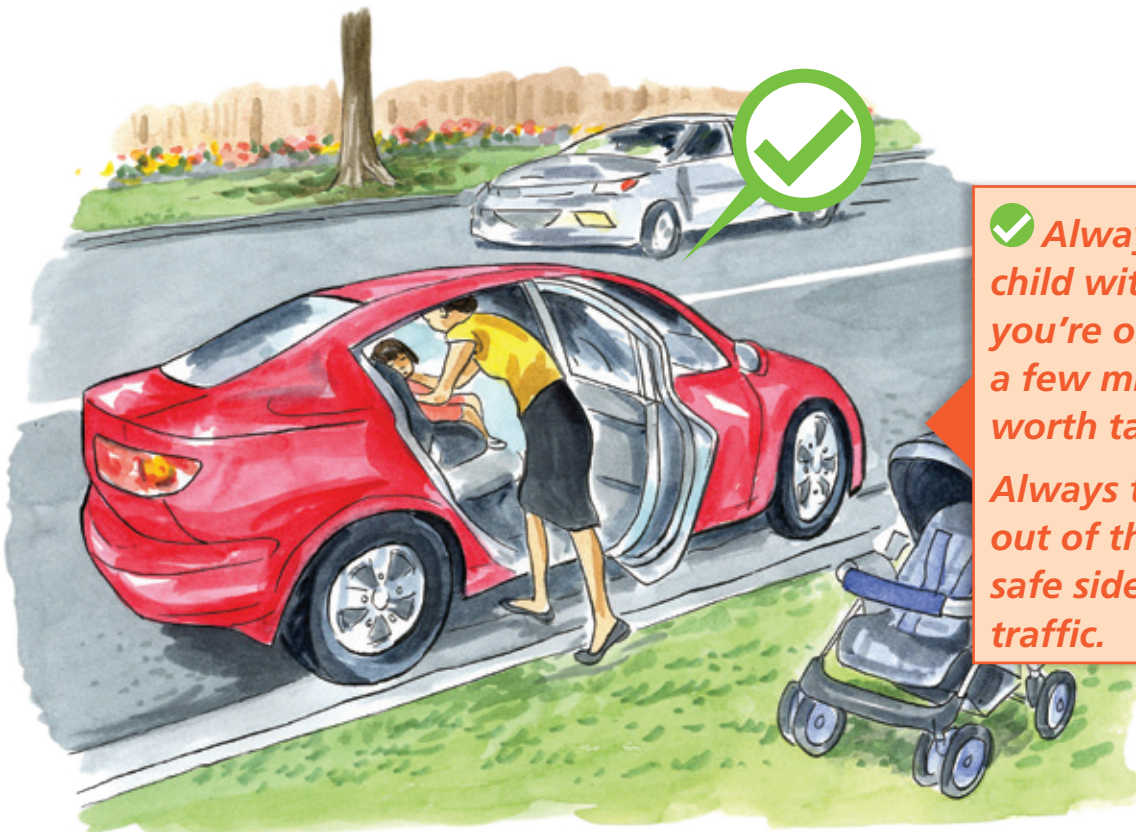
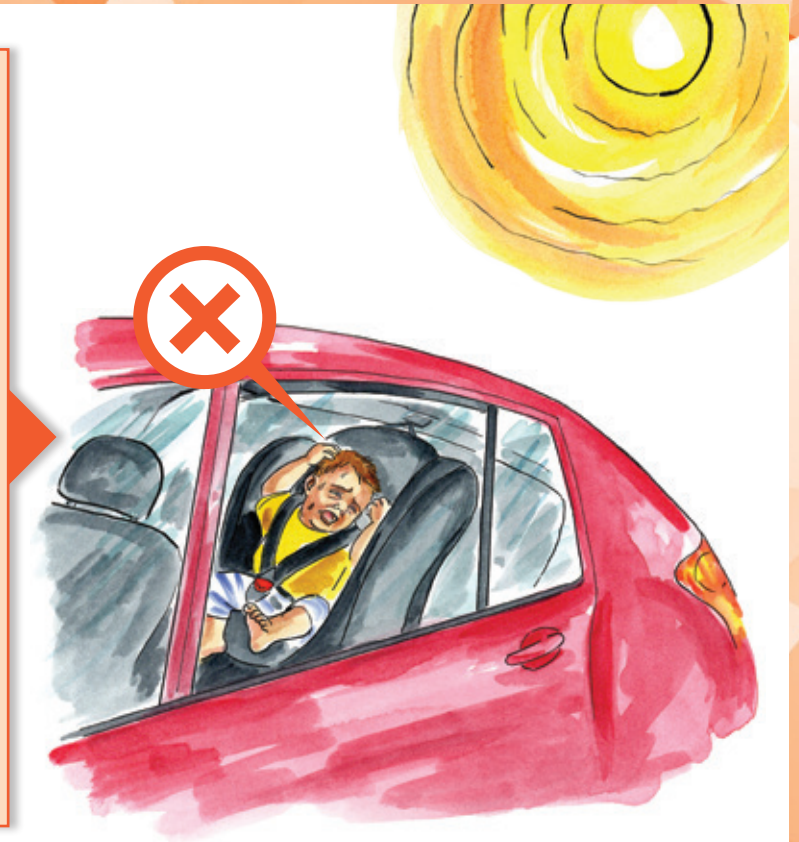
Leaving the window down has little effect.

Why? The temperature will still be so much hotter than outside.

The temperature inside a parked car can get 20°C–30°C hotter than the outside temperature.

Most of this temperature increase happens in the first 5 minutes.

The inside of the car can become like an oven!



✔ Always take your child with you, even if you're only going to be a few minutes. It's not worth taking the risk.

Always take your child out of the car on the safe side away from traffic.

Try and do a 'look before you leave' routine.

Why? Sometimes people are so busy that they have forgotten there is a sleeping baby in the car. Make a habit of always checking the back seat before walking away from the car.



What to do if you see a child locked inside an unattended vehicle:

1. Look for parents or carers.
2. Call 000 if the parents can't be found or the child is in distress.
3. Wait for emergency services, or safely try to remove the child if you are concerned about their condition.



Safety checklist to keep kids safe in cars

- Do you always take your child with you when you leave the car?
- Do you check that everyone is out of the car before walking away?
- Do you store the car keys out of reach so your child can't get into the car or lock the car from the inside?
- Do you make sure that you never let your children play in the car?

For more information, contact:

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