

Memory Card Discussion Guide

Picture Card	Discussion Point
Pizza	The importance of wearing oven gloves when taking things out/putting things in the oven.
Oven gloves	See above
Sun Smart	Discuss the items on the card and why we should follow these steps if we are out in the sun.
Family wearing sunnies, hats & rashies	Important to protect yourself when out in the sun – be Sun Smart (see above)
Family in shade tent	See Above
Chemical bottles	Chemical burns can be very serious. All chemicals should be kept up out of reach and children shouldn't touch them.
Travel Mug	A safe option, it has a lid, so less liquid will spill if knocked over. It doesn't feel hot to touch.
Fire Guard	To stop young children from going near/touching the fire.
Girl and women in the kitchen cooking	The importance of children always having an adult present in the kitchen with them.
Campfire	Why we use rocks around the fire – to contain it. Always put a campfire out with water – never with sand or dirt. Dirt extinguishes the flames but the embers can stay hot for a very long time afterwards.
Toaster	Can be hot/cold and you don't know by looking at it. Don't touch. It should be kept well out of reach of children and cords should not be hanging down for young children to grab.
Hair Straighteners	As above. Some hair straighteners can get to around 200 degrees.
Matches	These can be dangerous and should be kept well out of reach of children.
Lighter	As above
Hot drink	Hot drinks are a big cause of burns to young children. These should be kept out of reach and adults should never hold a hot drink whilst holding a child.
Noodles	These stay very hot in the cup for a long time. An adult can tip the noodles in to a bowl – this helps them to cool down more quickly. The safest place to eat hot food is at the table.
Stop, Cover, Drop, Roll	These are the steps to take if your clothing catches on fire. Important to remember to roll side to side and not all the way over. By rolling all the way over more oxygen is given to the fire and it will continue to burn.
20c Coin	If a burn is bigger than a 20c coin or if it is on the hands, face, lap or feet – it is important to seek medical attention.
Ice Cubes	NEVER use ice on a burn. Ice is too cold and can make the burn worse.
Cool Drop	This represents the correct thing to use on a burn – cool water
Clock indicating 20 minutes	This is the amount of time we must cool a burn for
White Cross	First Aid for Burns: Remove all clothing and jewellery from around the burn. Cool the burn under cool running water for 20 minutes Cover the burn with a clean lint free cloth or cling wrap to stop it from becoming infected Seek medical attention

Please refer to the Burns Information Guide for further details